

NEWSLETTER

New RayBan Sunglasses in stock / Late Summer Offer

Upgrade to lenses that adapt to your lifestyle.

ZEISS PhotoFusion Lenses



Ask about our late summer offers with
30% off second pairs on Zeiss lenses

Your offer pair can be prescription
sunglasses

Or you can upgrade your reading
glasses to a room distance lens, perfect
for work and home when multitasking

Have you tried a Drivesafe coating to
improve vision in low light and glare?

ASK ABOUT YOUR 30% DISCOUNT

Don't swerve a sight test



“I'm calling
on drivers to
have regular
sight tests.”

We will discuss your driving vision when you have your regular check up, but DVLA advise that drivers should regularly check that they can read a number plate at 5 car lengths.

After 70, your license must be renewed every 3 years, and you will need to declare that your vision meets the standard.

General Optical Council



Association of
Optometrists



THE COLLEGE
OF OPTOMETRISTS



Association of British
Dispensing Opticians

We offer private and NHS eye examinations, contact lens advice and fitting, diabetic retinopathy screening and shared care for glaucoma referrals and ocular hypertension, cataract referrals and post operative cataract care

We are BUPA accredited

Appointments available Monday to Saturday



YOUR EYES ARE PRECIOUS - LOOK AFTER THEM

Dry eye is a problem that affects more people than ever. Symptoms can include soreness, blurred vision and watering (yes, watering!).

There are several factors which can cause dry eye, and various treatments which can be done at home as part of your daily routine. Sometimes using comfort drops is the answer, but we also recommend cleansing wipes and heat therapy for patients with 'blepharitis'.

Your eyelids and tears should work together to moisten and cleanse the front surface of the eyes. But if the tear fluid is reduced, sticky or thin and watery, irritation can occur. If you wear contact lenses, they may become less comfortable and your eyes may look red.

We know that using devices like mobile phones reduces the frequency of blinking, and this can cause dry eye because the oil producing glands in the eyelid don't work as well.

CALL US TO FIND OUT MORE ABOUT DRY EYES AND EASY HOME TREATMENTS