
NEWSLETTER

New Silhouette Styles for the Autumn Season



Latest fashion edit from top brand rimless brand Silhouette

Silhouette have introduced their latest lightweight rimless spectacle design.

Called the Icon Accent Ring collection, it features an interchangeable coloured accessory to highlight the shape of the lens.

Call in and try them soon!



We offer private and NHS eye examinations, contact lens advice and fitting, diabetic retinopathy screening and shared care for glaucoma referrals and ocular hypertension, cataract referrals and post operative cataract care

We are BUPA accredited

Appointments available Monday to Saturday



YOUR EYES ARE PRECIOUS - LOOK AFTER THEM

Dry eye is a problem that affects more people than ever. Symptoms can include soreness, blurred vision and watering (yes, watering!).

There are several factors which can cause dry eye, and various treatments which can be done at home as part of your daily routine. Sometimes using comfort drops is the answer, but we also recommend cleansing wipes and heat therapy for patients with 'blepharitis'.

Your eyelids and tears should work together to moisten and cleanse the front surface of the eyes. But if the tear fluid is reduced, sticky or thin and watery, irritation can occur. If you wear contact lenses, they may become less comfortable and your eyes may look red.

We know that using devices like mobile phones reduces the frequency of blinking, and this can cause dry eye because the oil producing glands in the eyelid don't work as well.

CALL US TO FIND OUT MORE ABOUT DRY EYES AND EASY HOME TREATMENTS